



# Crystal Clear

PSYCHICS

# 2014!

*The Year Ahead*

*Renovate Your  
Home's Energy*

*Emily  
Watson*

*Heal Your  
Psychic Scars*



What does **2014** have in store for **you?**

**1-866-929-0635**



**L**ike a good New Year's resolution, Emily Watson's pursuit of an acting career was characterised by firm commitment and relentless follow-through. There was no booming voice from the heavens, no astonishing synchronicity that flung open the doors of success. Slowly and steadily, she ascended the ranks to become one of the industry's most respected artists. By looking at her astrological profile, we can see why this sure-footed approach comes naturally to Emily—and where it might lead her in 2014.

Emily Watson was born on 14th January, 1967 in London. As a Capricorn in the Chinese year of the Horse, she had a quiet and respectful exterior as a child, even as her imagination yearned to run free. Young Capricorns are often more organised and serious than other children, with a liking for structure and an inherent respect for authority. It makes sense, then, that Emily would describe her childhood as nice, normal, and even a bit stuffy. "I'd love to say I was a rebellious teenager," she says. "But I wasn't."



What's on the **horizon** for **2014?**

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**Loved to read as a child.**  
*Horse is highly imaginative.*



**Unphased by rejection.**  
*Capricorn is a relentless worker.*



**Submerges into character.**  
*Pisces brings emotional depth.*

Horse, on the other hand, is a highly-imaginative sign that loves to roam and explore. The fact that Emily's household did not have a television was probably a great help to the future thespian, as her Horse nature became absorbed in books and storytelling. This sharpened her ability to vividly imagine other worlds and characters, and step into their shoes.

So taken was Emily with the world of pages and words that she enrolled in Bristol University, where it took her only three years to earn a degree in English Literature. It was around this time that her Capricorn nature was put to the test. As she awakened to her heart's desire—acting—she applied for acceptance in theatre school and was rejected. She applied a second time, and again was met with rejection. But she was well-equipped to deal with disappointment. Capricorn is a committed and realistic goal-setter. Once its mind is made up, it is notoriously difficult to derail. Emily waited tables, fought for roles in small productions, and did not allow her resolve to be shaken. The symbol of Capricorn—a mountain goat climbing steadily—perfectly fits this period in Emily's life. Her determination eventually paid off when she was accepted to the celebrated London Drama Studio. Not long after that, she gained membership in the prestigious Royal Shakespeare Company.

Emily's breakout film role in 1992's *Breaking the Waves* is a good example of how her real-life astrological profile shines through her characters, allowing a powerful psychic connection with audiences. Bess McNeill has a simple and stern side, but also a playful imagination and adventurous sexuality. The sense that complex motives and emotions lie hidden beneath a plain exterior is characteristic of many of Emily's performances, and springs directly from her

Capricorn-Horse nature. Her Pisces moon adds a tangible depth of emotion to her voice and facial expressions, allowing her to sink deeply into the lives of her characters. Audiences and critics took immediate notice of these unique on-screen powers. *Breaking the Waves*, which was Emily's first-ever film performance, became a cult hit and earned her an Academy Award nomination.

The resumé she developed over the next twenty years—including key performances in *Hilary and Jackie*, *Angela's Ashes*, *Gosford Park*, and numerous other respectable films—was characterised by artistic vision rather than monster paychecks. As for the scandals that often plague celebrities, Emily steered clear. Was it mere luck? Capricorn is one of the best-equipped zodiac signs to handle the pressures of fame, as it won't easily compromise its principles or get lost in the pleasures of high living. With one eye on the horizon, it continues its forward march while remaining grounded and disciplined. Emily's love life is another example of the same principle: Her marriage to playwright Jack Waters, whom she met at the Royal Shakespeare Company, remains stable after nearly 20 years.

Even with all of this Capricornian steadfastness, Emily's choice of roles continues to reflect her restless Horse nature (is it any coincidence that she jumped at the chance to star in the 2011 epic *War Horse*?). Horses are always looking for an exciting new project to challenge and express themselves. Her performance alongside Geoffrey Rush in *The Book Thief*—set to hit theaters this month—has already met with critical approval. As Emily Watson enters her 47th year, it's apparent that her presence in film is steady and sustainable—an exemplary trait as it comes time to make those annual resolutions.



## Aries (Mar 21 - Apr 19)



A love interest and a career move pull you in different directions as the new year gets underway.

Creating time and space for both isn't easy, but with careful planning it can be done. Rise to the challenge and you will create opportunities instead of losing them. Your imagination is a source of great energy in 2014. Old problems are solved by flashes of creative thinking—but in order to access this intuitive space, you need more time to yourself. A strong internal shift can bring positive change to your physical being—so turn inward before hitting the gym. New love arrives without effort when you powerfully engage the world around you.

## Taurus (Apr 20 - May 20)



Are you ready to leave your comfort zone, Taurus? The coming year is a bold proposition full

of new possibilities. Your willingness to go out on a limb and try new things is the key to making the most of it. Daily discipline will come strongly into play; sustained efforts in health, cash and career pay high dividends over the course of 2014. An existing love relationship will be tested this year—but if you pass the test, your connection will be deeper and stronger than ever before. Finding new love is a question of being brave in ordinary situations. Remember—to try and fail is far better than to quietly wonder what could have been.

## Gemini (May 21 - June 21)



If you've been wanting to deepen your connection to spirits, dreams, synchronicities and

psychic energies, 2014 will be your year! There are new landscapes and languages to discover on the inner planes. Give your intuition a bigger say in your daily decision-making processes, and you will feel your psychic self growing stronger. The simple pleasures in life help you to stay centered in the present moment, affirming your connection to other people. No need to go chasing after new love—it comes directly to you when you smile and shine your light into the world. Stop, smell the roses, and feel the interconnectedness that unites us all.

Happy  
New  
Year!

# January 2014 Stars

Call 1-866-929-0635 for **psychic insight**.

## Libra (Sept 23 - Oct 22)



New Year's resolutions on your mind? Why not ditch the pen and paper and simply follow your

instincts? With your ruling planet Venus in retrograde all month, revising the elements of your daily life comes naturally; you are attuned to new beginnings. Hint: If you start by making adjustments to your home, solutions to other problems become apparent. Setting an amazing course for 2014 is as easy as listening to your inner voice. The only problem is, someone close to you doesn't want to see you change. Don't make excuses for yourself! They'll come around eventually. The important thing is that you do what's right for you.

## Scorpio (Oct 23 - Nov 21)



The answers you've been looking for—new solutions to old problems—are found

in solitude and silence. Make time for yourself to explore new worlds within. Luckily, your powers of communication are in excellent form, operating like a well-oiled machine. This means that your inner wisdom can be translated to meaningful action and clear results. A lucky way to begin 2014! If new love is on your list, find the courage to accept rejection. You may not get the phone number you wanted, but knowing you tried will make you stronger—and more willing to approach potential mates. The law of averages promises success.

## Sagittarius (Nov 22 - Dec 21)



A high concentration of psychic energies has you starting off the New Year in excellent company. An

important new number in your contact book is only the beginning; 2014 will bring new connections, new friends, and timely advice. Reaching your long-term goals was never something to be accomplished on your own. Interconnectivity is everything. Believe in someone and they will return the favour. Austerities are overrated this month. Why not enjoy the finer things with someone special? Getting what you want is much easier when you take time to savour what you already have. A heated argument with a friend leads both of you to a better place.

## Cancer (June 22 - July 22)



2014 is all about personal growth, dear Cancer. As your spiritual energy expands into the world

around you, it forges new bonds that lead you into uncharted territory. How is this accomplished? By becoming involved in the lives of others! Give your support—whether spiritual, emotional or material—and expect nothing in return. The universe will then support you like never before, as this is a time of give and take. The year ahead also holds stellar possibilities in the romance department, but the key is to be honest with yourself. Consider the fundamentals of what you want in a relationship, rather than putting too much focus on how love looks in the movies.



## Leo (July 23 - Aug 22)



As you contemplate your set of resolutions for the year ahead, remember the old phrase—

“pleasure is the measure.” The truth is that you want to make changes because you want to feel better on a day-to-day basis. You want to have more fun! Knowing this, you’ll be able to carry your goals past the point of no return. It’s a particularly auspicious year for health and beauty, so if there are physical changes you wish to manifest, know that the stars are behind you. The results of your efforts will be amplified more than usual. Of course, looking good makes you feel good, and feeling good attracts potential mates! Self-improvement is an effective path to love in 2014.



## Virgo (Aug 23 - Sep 22)



You may have cleaned house for the new year, but what about relationships? As you take

stock of your social links, you’ll see with greater clarity which ones challenge you to grow as a person—and which ones drag you down. Doing what’s right may hurt for a second, but it feels good in the long term. Speaking of feeling good, circumstances are perfect for that lingering attraction to combust into something more. You’ll know your opportunity when you see it. In dealing with a close friend, your words have a tendency to hit harder than you think, so pause before entering into an important conversation. Reason is on your side, but emotions often march to the beat of a different drummer.



## Capricorn (Dec 22 - Jan 19)



You’re known for being a steady climber, but there’s nothing wrong with taking a quantum

leap when the opportunity arises! The extra confidence you feel can work to your advantage, especially in matters of career. You’re likely to get noticed by one or two prospective lovers as a result of your strong vibes, so be prepared for extra attention—whether you like it or not! Seeing the big picture makes you the first to get ahead in the new year. In existing partnerships, taking a step back is a good way to move forward. When you and your partner both accept your part in creating the problem, resolution can be swift and sweet.

## Aquarius (Jan 20 - Feb 18)



The New Year is when many people spring into action, but for you it’s the perfect moment to take a

deep breath and reflect. All of your hard work has paid off, but staying in touch with your intuition is priceless. Give yourself the time and space you need to re-charge your batteries, and don’t worry about falling behind! 2014 looks to be a highly social and productive year, but your inner compass needs maintenance too. In fact, if you’re in the dating game, someone worthwhile will appear in a quiet place. If you’re already paired up, a weekend getaway with your lover—someplace where nature surrounds you—may be just the thing to harmonise your hearts.

## Pisces (Feb 19 - Mar 20)



You will attract a lot of people this month—friends, associates, even potential lovers—and

the rest of 2014 will be much of the same. Your connections with other people are on the upswing, and this brings you greater energy and success. So what’s the catch? Nothing major—only that you will have to manage more psychic and emotional influences in your life. Taking time to rest and replenish, even if it’s just a few minutes of meditation, becomes all the more important. A close friend and confidant will help you stay grounded and balanced as an exciting and extroverted year kicks off.

# Heal Your Psychic Scars in 2014



**E**ven more than a birthday or wedding, January is the perfect time to **start over**—perhaps because it represents a fresh start for the majority of the world, rather than just a few people here and there. It is a celebration—and an opportunity—shared by all. But as January turns to February, and February to March, we often find ourselves stuck in the **same old patterns**. Why? Could it be that we carry psychic scars which, if not properly healed, continue affecting us no matter how many resolutions we make?

The first step toward healing our psychic scars is understanding **what they are** and **how they work**. Much like the physical body, the psyche suffers injury. Some injuries are light and leave no trace, while others are visible year upon year. The good news is, while the body has only a **limited capacity** to heal and rejuvenate its physical wounds, there are **no limits** on how completely the psyche can heal.

**Self-protection** is the basis of most psychic scar-tissue. Something happens that causes negative vibrations in our energetic field. We doubt ourselves, doubt others, or fear that we will be hurt again. The reality is, we're trapped in a maze of our own design! The fact that a partner was unfaithful does not mean we will never have a fulfilling romance in the future. The fact that we lost our job does not mean that we aren't talented, or that our career goals are unrealistic. Harsh words spoken by a friend or family member are seldom an accurate reflection of who we really are, or how they really feel.

Psychic scarring is therefore a **protective reaction** that may help in the short term, but causes more pain in the greater scheme of things. It prevents us from being open to the possibilities of the present moment. If we understand this much, we have already started the work of **removing** our scar tissue.

Once we've understood the nature of psychic scars in general, we can begin the task of **finding our own scars**. Look for what makes you feel crippled and confined—more often than not, a psychic scar is present. It may help to keep a log of negative emotions felt throughout the day. Are they connected with specific memories? Sometimes the source of a negative vibration will be obvious—other times it will be harder to trace. Nonetheless, after days or weeks, you will begin to notice **recurring themes** as you develop a clearer sense of where your scar tissue lies. Past-life scars are also possible—in this case, a professional psychic can be of assistance.



Turning to **face** our scars is the final step. This may involve asking someone on a date when we've hardly been out of the house in a month. It may involve bending down to pet a dog after suffering a bite years ago. Whatever the nature of the scar, the important thing is that we turn toward rather than away from it. We send a clear message that we are **strong enough to heal**. We realize deep within ourselves that we will be happier having done so, and that a fuller life awaits—today, in **2014**, and beyond.



## Visualization Exercise for 2014

Call on your spirit guides, angels, loved ones, or any other energies that represent light and love. Ask them to help you prepare a balm for your psychic scars. This medicine is vibrant, life-giving, heart-centered, and full of healing vibrations. Once the balm is ready, visualise your psychic scars and traumata. One-by-one, apply the balm to each scar as you release the past. Feel your heart welling up with love, knowing that the possibilities of the present moment are limitless...

# Renovate Your Home's Energy!

## Clean House

There's nothing like rolling up your sleeves and giving your home a good once (or twice) over. Pay special attention to those seldom-visited corners where psychic energy gets trapped along with the dust. Simple cleaning does wonders to rejuvenate your home's spirit. In Japan, cleaning house is an old custom for bringing in the New Year.

## Consumables

Small, easy-to-replace items can sometimes make a big difference in the spiritual atmosphere of your home. For instance, when was the last time you cleaned your fans/ducts/vents? Replacing worn switchplates and doorknobs can help erase old energies. New rugs and doormats symbolise new beginnings. And why not make your home a "shoes off" environment to give it a more sacred feel?



## Fix Old Problems

Whether it's that old window that doesn't open properly, an overflowing "junk drawer," or a hard-to-reach lightbulb that burned out long ago—addressing these lingering problems is another way to shift psychic energy in your abode. In fact, simply putting yourself in this mindset will often free blocked energy in other areas of life!



## Smudge

Sage, Cedar and Sandalwood are just a few of the plants that can banish negative energies and help you begin anew at home. Visualisation, meditation, and even incantations can strengthen the power of smudging. Open all windows and doors as your smudge, allowing the air to circulate freely. In your mind's eye, see the aura of your home being cleared as the fragrant smoke reaches every room.

## Rearrange

Are the rooms in your house being utilised in the most effective way? Are there ways of arranging your furniture which allow more air and freedom of movement in the room? Using principles of Feng Shui can make a world of difference. There are numerous free resources online that will teach you the basics. If you can afford a professional Feng Shui consultant, all the better! This can really whip your home into energetic shape.

## Crystals and Talismans

Cleanse/take stock of the spiritual objects you own. Are some of them simply taking up space, hardly drawing your attention from one day to the next? Find a new place for them, or put them away. Ask your intuition what kinds of crystals and talismans will be healthy and relevant for you in 2014.

## Evict Unwanted Entities

If you feel dark and distressing vibrations in your home, unwanted spirits or entities may be present. Try using oil to draw a spiritual symbol of your choice over the front door. Places small dishes salt or water in rooms to dispel negativity. If unwanted vibrations persist, you may need to consult a psychic to help communicate with and dispel the energies.

**Seeking guidance for 2014? Call our psychics today on 1-866-929-0635**



# Featured Psychic Deborah



Talk to Deborah today!

Call **1-866-929-0635**  
pin **7757**

I have felt "connected" since childhood through nature, and then had some very **profound spiritual experiences** in my teens. As an adult I trained as a yoga teacher, counsellor, and Angelic Reikki practitioner, all at the same time. Through deep spiritual practices, i.e. breath-work and meditation, I realised that I could see and feel the chakras, and then began to **see and hear** that which can't be seen or heard by the normal senses. I also realised it enabled me to tune in and centre very quickly. Also at that time through my counselling training I realised I had what is known as advanced empathy. I began to realise, when I was working with someone, that it was far more than a talking and listening—I was **tuning in to spirit!**

I am predominantly clairvoyant and clairsentient. For me, **clairvoyant** means that I am given **images** which hold a particular vibration or energy frequency unique to that individual. **Clairsentient** means I tune in, "I feel" through a person's **voice vibration**, which is quite an incredible thing, and difficult to describe. But it somehow enables me to **transport myself** into a situation or reality to see feel and understand with a heightened perspective or awareness. My readings are spiritual yet practical, full of hope and connection. I do tune into **past lives** but I cannot call this in for someone—it will come into a reading if appropriate.

I use the **angel cards** to connect and tune in to an individual, and to the angelic world—particularly **Archangel Michael**, who offers guidance and protection. I see the cards as a tool which can offer more information. I do not "read" the cards so to speak, rather they **speak to me**. I will draw a spread at the beginning of a reading, then close my eyes to listen in and see.

I love Crystal Clear Psychics because the people who call in for readings are lovely and genuine people needing some guidance, but are respectful and honouring. Also because I feel a personal connection with the team here. It is that personal connection which makes all the difference, and I like the ethics of this company. I personally feel there is a genuine care and consideration of both psychics and clients, which today, is rare and refreshing.

## Reach Our Talented Psychics Now!

**Alison**  
PIN 7706

**Benedicte**  
PIN 5511

**Eric**  
PIN 7742

**Honorine**  
PIN 7778

**Joylina**  
PIN 7728

**Priscilla**  
PIN 7715

**Selina**  
PIN 7727

**Amber**  
PIN 5500

**Christine**  
PIN 5502

**Gill**  
PIN 7796

**James**  
PIN 7707

**Karena**  
PIN 7703

**Rachel**  
PIN 7722

**Stella**  
PIN 7798

**Amethyst**  
PIN 7790

**Daniel**  
PIN 7700

**Gitte**  
PIN 7787

**Jeannie**  
PIN 5506

**Liam**  
PIN 7709

**Richard**  
PIN 7708

**Stevie**  
PIN 7718

**Andrea**  
PIN 7726

**Debbie**  
PIN 7744

**Gwyneth**  
PIN 7735

**Janette Anne**  
PIN 7711

**Loraine**  
PIN 7776

**Ruth**  
PIN 7783

**Tayo**  
PIN 5501

**Athena**  
PIN 7748

**Deborah**  
PIN 7757

**Helen**  
PIN 7715

**Jessica**  
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**Meredith**  
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**Sam**  
PIN 7713

**Ultan**  
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