

Crystal Clear

P S Y C H I C S

MYSTICAL
NEW YEAR
PRACTICES

JANUARY'S
SPIRITUAL
BIRTHSTONE

Justin
Timberlake

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FROM THE **EDITOR**

Spiritual growth is not always easy, but it's always worthwhile! 2017 looks to be a very strong and transformative year, and our team of talented psychics are thrilled to take this journey with you. We take pride in delivering insights that have a meaningful impact on your life, and perspectives that help you reach for the stars.

Speaking of 2017, the New Year is known as the world's biggest party — but there are mystical traditions associated with this annual milestone, and some of them might surprise you. We take a look at the deeper side of this global celebration.

Justin Timberlake will also be celebrating his 36th birthday in January, and we give you an inside look at the spiritual forces that shaped his career, from teen idol to respected crossover artist. Our editors also explore Garnet, the birthstone of January. You won't believe some of the myths, legends and magical properties contained within it.

As we begin a new year and a new journey together, our team of talented psychics and caring staff wish you all the luck and prosperity in the world, and we're proud to represent the next generation of psychic reading services.

Love and Light,

Lauren X

WHEN DID YOU FIRST DISCOVER THAT YOU WERE PSYCHIC?

As a child, I knew about things before they happened, and could predict future events in people's lives. Often times I would think of something and it would happen within 24 hours. Later, I had a near death experience. I went to a place of light with an awareness of others waiting to take me. There was a sense of love, safety and peace I have never known. It was if I was above looking down on me a sense of floating. Then I was being pulled back and woke up in an intensive care unit totally devastated. After that, my abilities became more profound. I realised that my psychic journey was just beginning!

WHAT ARE YOUR TALENTS AND WHAT DO THEY MEAN?

I work in the angelic realm to give the guidance you seek. As a clairvoyant, I receive visual images from angels, and as a clairaudient I hear messages. With clairsentience, I sense or feel without using my other five senses. I am also an Empathic Intuitive Medical Psychic, which means I sense emotional and physical pain. As a Medium, I channel messages as needed by connecting with Spirit. This allows the client to feel their love ones present. Combining all my abilities allows me to give accurate intuitive guidance.

WHAT PSYCHIC TOOLS DO YOU USE?

Having trained with Doreen Virtue as an Angel Card & Angel Intuitive Reader, I utilise a variety of decks to augment my readings, including Angel, Tarot, Healing, Colour, Inner Child, and Fairy cards. Sometimes I use a pendulum for specific questions. I always have angelic music in the background, a white candle for healing light, and crystals for healing & protection.

CAN YOU TELL US ONE REMARKABLE STORY FROM A RECENT CLIENT?

Recently I had a client, and when I tuned into her, I had a feeling of intense pain across my lower back, radiating down my leg into my foot. I relayed it back to her and she affirmed she had been experiencing this pain for weeks. I explained it was important that she contact her physician, as my intuitive guidance told me she needed immediate attention. She contacted me that week to let me know she was scheduled for surgery to correct a serious nerve issue.

WHAT DO YOU LIKE ABOUT READING FOR CRYSTAL CLEAR PSYCHICS?

Working for Crystal Clear Psychics has been a life changing experience on many levels. They are professional in their dealings with clients and staff, providing an excellent support team for all concerned. You can't but feel at home. If you haven't experienced a reading before, I recommend logging on the website, browsing through the readers and seeing if are drawn to a particular one. It doesn't have to be heavy: it can be light hearted and entertaining!

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JT

♈ 猴 ♎

The boy band known as **NSYNC** was among the most popular in history. They shifted over 50 million albums during their career as a group, and performed on some of the highest-grossing tours in recent history. There were video games, dolls, even a contract with McDonalds. But show business is a fickle thing, especially when the audience are young adults. When NSYNC split in April of 2002, millions of fans wondered what would become of its five beloved members. Together they were a massive success, but how would they fare **individually**? The entertainment world rarely smiles on yesterday's teen idols.

It's certainly not fair to say that the members of NSYNC "faded into obscurity" once their success as a group ran its course. Lance, Joey, JC and Chris each found their way into other showbiz projects, from solo albums to TV and movies. But **Justin Timberlake** is another story. Far from letting the past hold him back, he set off on a solo course that grew bigger with each passing year, until it finally became evident that Timberlake was — incredibly — bigger than NSYNC.

What does JT's world look like in 2017, as he celebrates 36 years this January? For starters, he is established as one of the most **bankable and sophisticated** pop acts in the world — a position affirmed by collaborations with Jay Z, Madonna and Pharrell Williams. He has also proven his legitimacy on the silver screen with critically acclaimed performances in *The Social Network* and *Inside Llewin Davis*.

But why him? What astrological and **psychic traits** helped him rise from the ashes of NSYNC to become one the brightest, most bankable stars in the world?

Justin Randall Timberlake was born on 31st January, 1981 in Memphis, Tennessee. As an **Aquarius** in the Chinese Year of the **Monkey**, Justin's inherent musical talents had a social (Aquarius) and playful (Monkey) energy from the

beginning. At first it was singing in the church choir, and finding inspiration in musical members of his extended family in Tennessee. By the age of 11 he appeared on *Star Search* in full cowboy regalia. JT's stage presence and vocal talent were obvious even then, thanks in no small part to the star power of his **Leo** ascendant. In the two years that followed, he performed regularly on *The New Mickey Mouse Club* alongside Britney Spears, Christina Aguilera and **Ryan Gosling** — as well as his future NSYNC bandmate JC Chavez.

Things happened quickly from that point, and by the mid '90s, NSYNC were a hit. Justin's **work ethic** was said to be fierce and uncompromising during these years, which we can see astrologically by the presence of the sun and Mars in his sixth house. His more creative elements, such as the moon in **Sagittarius**, are balanced by a constant sense of professionalism and work ethic.

By the time NSYNC's wave of global success receded, the elements were in place for Justin to plant new seeds of **creativity**. He already had connections. People knew his name and face. But would he be able to outrun the boy band legacy?

2004's solo album *Justified* landed him multiple **Grammy wins**, while *FutureSex/LoveSounds* cemented his reputation as a sleek, relevant force in pop music production. When people saw his performance in *The Social Network*, they may have assumed he was lucky, or that his foray into acting was a marketing stunt. But JT's big-screen resume goes back to the year 2000. A study of his career-to-date suggests that a dogged worth ethic and big-picture mentality — all of which are visible in his astrological chart — have been central to his success as a **crossover artist**. If the past is any indicator, JT won't resting on his laurels anytime soon.

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Horoscopes

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Aries

The really big moment this month for you Aries comes close to its end, when Mars powers into your sign for a six-week occupation. This is going to catapult you forwards in a really significant way. There is still going to be plenty of opportunities to sparkle, and your ideas sector is truly lit up. However, some work or professional hopes will require real diligence.



Cancer

Some opening up in your relationships, in terms of how you think about them, the viewpoints of others and the dialogue you encounter, are going to be a very powerful theme this month. The Full Moon of the 12th does however forge a Grand Cardinal Square, and in the month that follows it is going to be a time when a new reality can start to shape up for you in this regard.



Taurus

Your ruler Venus moves into a delightful part of your horoscope on the 3rd, and with the energy being created by Mars's angle to the Sun and the joint influence of Neptune, your friendships, associations and networks are all going to be crucially important throughout this month. But look to choose your words carefully on the back of the full moon of the 12th, Taurus.



Leo

With Jupiter in opposition to Uranus for all of January, the chances are that there's going to be some lively conversations unfolding for you. However, on the back of the lunation which occurs on the 12th, some of what gets said to you or is said by you, may relate to issues which have been simmering on the back-burner for far too long. See this as an opportunity to ventilate these.



Gemini

Your ruler Mercury starts the month in retrograde, and this is going to continue through till the end of week one. However, he then retreats into your sector of relating. This is significant, for any tangles that occurred last year may finally get resolved by the 27th. Your financial and business affairs also are intertwined with a role which may have some kind of caring dimension.



Virgo

You can start this month off in a very creative way. Working collaboratively with another person may be part of this. But there may be more emotion around one involvement than perhaps you've previously appreciated. This can show up on the back of the Quarter Moon which occurs on the 5th. A family issue that you thought you'd resolved could also need revisiting.

January



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Libra

This is the time of the year when many of us resolve to keep to our New Year's resolutions. And some of yours may be about getting fitter, but remember that fitness can come in a spiritual dimensional as much as a physical one. Also, just being more organised in your home environment can help you to feel more at ease with life in general Libra. Energy will start to climb on the 20th.



Capricorn

There's so much astral support for you as you burst into the New Year, Capricorn. You're starting to see that some of last year's travails have actually prepared you for something bigger and brighter that hasn't always been so obvious. It is true that some tension can mount from the Full Moon of the 12th, but this is a simple reminder of other people's needs and agendas.



Scorpio

Your words continue to be a telling factor as you make your way into this New Year. The more you can choose them with care, the better, for with Mercury in retreat, there is the potential for misunderstandings. You may also have a conversation in the second half of the month which could leave you feeling vulnerable. However, in time, you can see it has been for the best.



Aquarius

The first two days of the year see Venus in your own sign, but then she joins with Mars in your 2nd Solar House. This combination is going to encourage you to make the most of your talents this month, and also to give yourself the permission to enjoy some of life's goodness. Once the Sun enters your sign on the 20th, you can really turn on the afterburners, Aquarius.



Sagittarius

Stern Saturn makes some excellent links for you this month, ones which can be almost like a springboard for the whole of 2017. These ask you to be patient, but also optimistic all at the same time. Any sustained effort on your part has a greater chance of success. Some kind of home change can also unfold this month, perhaps even see you work on things decoratively.



Pisces

The year begins with Mars and Neptune, your co-ruler, combined in your sign and both are linking brilliantly with the Sun in your sector of future plans. Your ability to align personal interests collaboratively with those of others is going to be excellent, so any kind of joint-venture looks well placed. However, there could be a few glitches along the way, so patience is essential.

MYSTICAL NEW YEAR

If you try to understand the New Year — what it means and where it comes from — it's easy to get lost in the mists of time. Different cultures, in various chapters throughout history, have understood time and change in remarkably different ways. The Gregorian calendar has emerged as the standard timekeeper for historical and commercial purposes today, but there's a culture out there who celebrated the New Year during any month you care to mention. To explore why January 1st is the "biggest" New Year in the world could easily take us into deep sociological and historical waters — but there's something we can explore much more easily. It might even tell us something about ourselves as human beings, as spiritual beings, and why we use the New Year as a marker between one chapter of history and the next, both as a society and as individuals.



Clear the Decks

Many New Year traditions involve cleansing, renewal, and the restoration of order. For Chinese New Year, many people clean house, return things they've borrowed, pay off old debts, throw away useless items, and resolve disputes. Going back to ancient Babylon, we see rituals of chaos that end in the restoration of order. People in Ecuador burn effigies made of straw to release the energies of the past. This practice of clearing the decks is one of the most psychically and spiritually beneficial things we can do in the New Year. No matter what cultures and traditions we draw upon, it's all about honoring the past and embracing renewal in our own lives.



Make an Offering

The Tibetan New Year, known as Losar, has rituals and customs that pre-date the arrival of Buddhism in Tibet, reaching back to when Bön was the predominant religion in the area. When Buddhism arrived around 700 CE, it did not seek to overcome Bön deities and cosmology, but rather incorporated it. Losar celebrations are elaborate and diverse, but there is a strong focus on offerings to water deities (nagas) and forest gods, who are considered to be manifestations and protectors of the natural world. These offerings often take the form of home altars, and are aimed at currying the favor of natural forces and cultivating generosity in one's self.



Watch the First Sunrise

New Year celebrations are more developed in Japan than in many other parts of the world. There are specific decorations, foods, games and gifts that go into a traditional Japanese New Year's celebration. Perhaps the most telling custom is hatsu-hinode, or watching the first sunrise of the year. The Japanese see this as a lucky way to begin a new chapter of life. After sunrise, the day should pass effortlessly without doing any work (this is why Japanese homes are generally cleaned top-to-bottom on the last day of the year). This free and joyful way of greeting the new year sets an energetic tone of prosperity and happiness.

The Magic of Garnet

January's birthstone abounds in legend, mythology and spiritual ties. Those looking for a charm in daily life will find it useful in more ways than one.



Among the many stories and legends associated with Garnet, the birthstone of January, is a Greek myth involving Hades and Persephone. While holding the goddess captive in the underworld, Hades was forced to let her go — but not before he offered her pomegranate seeds to eat. This ensured that she would return safely to him. Garnet often resembles pomegranate seeds, and is therefore associated with the mythic power to reunite lovers and heal broken bonds.

But not all Garnet stones are deep red, and the bond between lovers isn't the only thing they strengthen. Garnet appears in many varieties throughout the natural world. Types include Almandine and Pyrope (purple, orange-red), Grossular (virtually any color, including bright green), and Spessartine (orange), Andradite (yellow, green), and the rare Uvarovite (emerald green). Some of these types are further divided into sub-types. Garnet is truly a diverse gemstone with a huge variety of appearances.

Garnet's spiritual properties are also far-reaching — the stone has strong associations going back centuries, extending into many ancient cultures throughout the world. In keeping with the Greek myths, Garnet is a protective stone that's good for travel and maintaining important friendships. The ancient Egyptians saw this stone as a symbol of life and purity, while ancient Indians and Persians used it to ward off enemies and evade bad luck.

There other psychic characteristics that make Garnet a perfect birthstone for January. This is a month of new beginnings, fresh starts, and the resolution of past energies. Garnet was used widely in the past for purposes of regeneration, strength of commitment, resolve, and overcoming negative or harmful forces. When we look at many of the New Year customs around the world, we see a prevalence of these same energies. For anyone desirous of increasing financial fortunes in the new year, it's worth noting that a bright green Garnet is thought to bring luck with money.

But Garnet is also a moral and upstanding stone. Its beneficent properties are thought to multiply when the wearer keeps his or her commitments and demonstrates fairness and compassion; but according to legend, if a Garnet is stolen, it may actually have detrimental effects on the carrier.

Those who are interested in being physically healthier in the New Year (and who isn't?) would also do well to consider the mystical life-giving properties of this deeply coloured gemstone. Physicians and folk doctors have used red Garnet for centuries to assist with healing in the heart, blood and lungs. It has also been used to heighten sensuality and reduce inflammation.

New Year wishes often center around love, health and prosperity. Lucky for us, January's magical gemstone contains power and charm in each of these vital areas.



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