

October 2016

Crystal Clear

P S Y C H I C S

OPAL

Gemstone of October

FIVE SPIRITUAL TRENDS

That Matter

SAM

Explains Her
Psychic Methods

THE CLINTONS

The Astrology of a Power Couple

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On the Vibe Sam



FROM THE **EDITOR**

From time immemorial, people around the world have believed that October is a mystical month when the veil between spiritual and physical worlds is thin. In our daily lives, this means heightened intuition and psychic sensitivity.

This October is also a big month for world politics as the controversial U.S. election comes to a head. As Bill and Hillary Clinton celebrate their wedding anniversary this month, we look at the astrology of a couple who altered the course of history.

The gemstone of October is mysterious Opal—considered by many to be the most beautiful gemstone in the natural world. But why is Opal’s reputation historically less than shining? We also take a look at five spiritual trends you should get to know better.

For personal guidance on the month ahead, check our monthly horoscope and take advantage of our psychics on call. We at Crystal Clear Psychics hope your October is full of magic, joy, and deep personal growth. Thanks for making us the most respected psychic reading service in the U.S.A.

Love and Light,

Lauren X

WHEN DID YOU FIRST DISCOVER YOUR PSYCHIC TALENTS?

From a very young age I was interested in all things spiritual. I found that I had an ability to sense things before they actually happened, but was unable to express what I was sensing. As I went through my teenage years I had a sense that I knew people even when I had just met them, and could feel things about them through their voice. My parents also have the gift so I have been lucky enough for it to be passed on to me.

WHAT ARE YOUR TALENTS?

I love mediumship. It brings me great happiness to connect to a client’s loved one and bring them some hope and peace. It doesn’t happen every single reading, but occasionally, even when a client is not looking for it specifically, I receive messages. I am clairsentient which means I have a clear feeling or emotion relating to a specific event or question. I feel the outcome and sense what will happen next. I can sense if the path that someone is on is best for them, if it’s time to walk away from a person or situation, or if their decisions will reach a satisfactory outcome.

WHAT PSYCHIC TOOLS DO YOU USE?

Over the years I have collected many beautiful tools such as rose quartz prisms, which I find beautiful and relaxing to look at. I have some wonderful vintage tarot cards which I have picked up from all over the world which I occasionally use during a reading, but for me the single most important tool is the clarity I receive directly from listening to the voice on the end of the phone. This is where the magic happens. I can simply hear things deeper through the connection to the human voice. I feel privileged that people are comfortable enough to place their trust in me and to help me guide them through their precious lives.

CAN YOU TELL US ONE REMARKABLE STORY FROM A RECENT CLIENT?

There are so many remarkable things that happen when someone allows you to read for them. As a reader with so many years of experience, I have had some incredible things happen. More recently one of my beautiful female clients asked me to describe something that stood out about the man whom she is involved with. I was told by my spirit guides he has a scar over his eye through the eyebrow, and described to her exactly how he looks.

WHY DO YOU ENJOY WORKING FOR CRYSTAL CLEAR PSYCHICS?

I am fortunate enough to speak to many wonderful people all over the world. People who I like to empower to reach their full potential. People I would be very unlikely to cross paths with, if not for Crystal Clear Psychics. I love the fact we are a 24 hour operation. No one has to wait to book an appointment, and we can simply be there to help at that moment if necessary. Having had a substantial break from working, I have also now reconnected with many of the clients I spoke with before. I’m delighted to see they have now created the life they wanted to live, and that so many of my predictions have come to light. That really makes it all worthwhile.

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1993



2016

The year is 1971. Hillary Rodham and Bill Clinton are both students at Yale Law School. Before they ever speak, there is a tangible magnetism between them. And it's Hillary, not Bill, who makes the first move. She approaches her future husband in a campus library and says that if they were going to keep staring at each other, they may as well introduce themselves.

Two decades later, Bill Clinton is elected President with Hillary by his side. After eight years in the White House, he effectively retires from public service—but Hillary's career is just getting started. After serving eight years in the Senate, Barack Obama names Hillary Clinton Secretary of State, third in line to the presidency. In 2016 she clinches the Democratic Party's nomination for President of the United States, becoming the first female nominee from a major American political party. Her opponent is a billionaire businessman. The race is one of the most controversial in history.

Could Hillary and Bill have known how big their future would become? Could the astrological synergy between them have predicted the events that would arguably make them the most powerful couple in American history?

Hillary Rodham and William Clinton were married on 11th October, 1975. If a quick assessment of sun signs were all you had to work with, you might not think their compatibility was strong enough. After all, Hillary's sun is in watery Scorpio while Bill's is in shining Leo. This combination isn't known for being particularly compatible. Luckily, sun signs are only one part of the equation. We need a broader spiritual and astrological portrait to make sense of a relationship as dynamic and long-lasting as this one.

One of the first things to notice is Hillary's Mars conjunct Bill's Mercury. This highly intellectual connection accounts for the immediate, visceral spark they both felt as students. This aspect would have filled their conversations with dynamic energy, fueling romance and giving their relationship a solid basis for the future. Hillary's bold, ambitious nature (Mars) worked wonders on Bill's thought processes (Mercury). Hillary as drew inspiration from Bill's sharp mind and charismatic persona. To say that this aspect suggests a "business relationship" is not altogether accurate.

It is fair to say, however, that each already had strong ambitions. They inspired each other to dream bigger and make those dreams happen.

Hillary's Mars also creates one of the more romantic aspects between them, forming a beneficial sextile to Bill's Venus. This would have generated a strong physical attraction, making for a passionate start to their relationship. Their physical and romantic attraction was also nourished and spurred on by social and professional synergy.

In essence, this dynamic attraction catapulted them both to the forefront of American politics. The year after they were married (both now finished with law school), Bill was elected Attorney General of Arkansas. Two years later, at the tender age of 32, he became Governor. Hillary was extremely busy during this time, never losing site of her own personal ambitions and causes. She created foundations and worked with special interest groups, and became the first female partner at one of the oldest law firms in the United States. This active role was a precursor to the work she would do in her own political career.

Of course, no partnership is perfect. In fact, the challenges and stresses within a given astrological dynamic are precisely what inspire couples to grow and change, both together and individuals. One manifestation of this is the challenging square from Hillary's Saturn to Bill's moon. This aspect could be responsible for some of the emotional distance and discord between the couple over the years. Hillary's cool, disciplined approach may sometimes be interpreted by Bill as disinterest and a lack of intimacy. On the other hand, Hillary might sometimes feel that Bill's emotional openness is inappropriate to the situation.

These challenges have not been enough to break the bond between Hillary and Bill Clinton. 45 years after these two bright young idealists met in the library at Yale Law School, their unique and powerful union continues to alter the course of history. Hillary now faces a tough election to become the first female President of the United States. Just as she campaigned tirelessly for Bill throughout his career, the regal Leo now stands behind his Scorpio partner, championing her political cause. If you had predicted any of this in 1971, they might have both said you were crazy. Then again, their dreams were big from the beginning.

Horoscopes



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Aries

This can be a very powerful month, both for your career and also your relationships. In fact, they could be something of a link Aries, in the sense that you may find yourself forging a new alliance with someone influential. But it's also going to be important to walk the talk, all through this month, for if your actions don't come up to your pledges, they will be scrutinised.



Cancer

There is potential for new starts around your emotional outlook, personal life and family affairs. An announcement or a new addition to the family is also a possibility, or you may decide to beautify or add to an existing abode or take a step up the housing ladder. If you have ever thought of starting your own small enterprise, especially from home, this can be a fine time Cancer.



Taurus

The New Moon on the 1st of October is a wonderful opportunity to revitalise your approach to health, fitness and diet. But the trick this month is in your desire to open up your world to new exciting vistas, and this can be very strong, that you ensure you don't neglect the sometimes mundane everyday elements of life and your wider responsibilities. Some give-and-take will be needed.



Leo

Your word power and physical vitality are boosted hugely this month. This can see you highly receptive to new ideas, moving around a lot, sharing your thoughts with others or researching things, so there could be greater interaction. As the month goes on interactions with siblings, if you have any, or people within your neighbourhood can increase. No dull moments, life will really buzz.



Gemini

A fantastic start to the month gives you an opportunity to springboard your deepest hopes in a truly dynamic way. October is a month of rare potential for you to demonstrate all your talents, skills and abilities to the full. This could have a fundamental impact on your ability to earn money too, and there could be some changes set to shape up for you around property late on.



Virgo

You can start to feel much more self-confident around what makes you, you and your appreciation of good food can go all the way from growing your own to embracing organics, to cooking more from scratch. If fine dining is more your thing, this too can be an area that you can enjoy to a greater degree. Your love life could heat up to a much higher temperature in the month's last week.

October

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Libra

This is probably one of the most important months you've encountered for years. It's not just that lucky Jupiter has returned to your sign for the first time in twelve years, it's that there is a New Moon on the first day of this month in your sign, close to Jupiter, and supported at times by Mercury and Venus. A major change in your personal life is also possible in the last two weeks.



Capricorn

This is set to be a critical month. You have a real talent for tenacity, sticking at things that others would give up on long before. But now you have an added ace in your armoury, for with a wonderful New Moon in your sector of success near to the planet of growth, you can be much more risk taking and go getting. Be single minded, but you will need to get on with decision makers too.



Scorpio

Your two ruling planets come together in the sign of Capricorn in the last phase of this month. This can give you enormous willpower, and along with the Sun and Mercury moving into your sign on the 23rd and the 21st, this is an opportunity for you to power forwards in the most purposeful of ways. The one thing you will not lack is persuasiveness. Few will resist your message.



Aquarius

There is a delicious irony to your horoscope this month. This can be a time of travel for some Water Carriers, but for others the travel can all be at a very deep and inner psychological level. Either way, this can be a time of discovery, potential new beginnings and wonderful fresh vistas. Moving beyond the fixed quality of your sign is the challenge. Try to go with the flow.



Sagittarius

You can find yourself more future orientated in terms of your planning and social activities, and friendships can be central to what you do. You may also find yourself becoming more aware of improving your financial situation. In fact, your determination to do so can be enormous, but the trick I think is not to try too hard nor try to go against your core values, Sagittarius.



Pisces

The desire side of your nature takes on a life force of its own. This may see some exciting developments in your love life, but if so, it may see some significant changes, perhaps even ends and new beginnings. Not everyone is necessarily going to agree with your hopes or even your tactics. Retain a willingness to compromise and give and take. If you don't, sparks could fly.

Opal & October: A Spiritual Legacy

To many ancient cultures—Greek, Arabic, Roman—a gemstone as brilliant as opal could only have supernatural origins. Some said it fell from the sky during lightning storms, offering protection from disease and misfortune. They said it brought good luck, protection from psychic ills, and purity of thought. Indeed, opal was considered a marvel of the gemstone world during the early part of its known history. The Roman philosopher Pliny wrote vividly about the marvels of this kaleidoscopic stone as early as 75 A.D.

And yet, a series of myths—including stories perpetrated by diamond traders who wanted to dissuade people from buying and trading in opal—began to throw shade on this gemstone's reputation. In a complete reversal of established opal lore, some began to associate the stone with misfortune. In 16th century England, for example, opal was associated with the infamous "evil eye," which was an established belief and concern for the populace at that time. This may have been due in large part to the similarity between the word "opal" and "ophthalmos," which of course relates to the human eye. But the word really derives from the Latin "opalus," which simply means "precious jewel."

Another key to the history of opal is the publication of Sir Walter Scott's final novel, *Anne of Geierstein*, in 1829. The protagonist's opal hairpiece features throughout the text and was linked—incorrectly, literary scholars agree—to misfortunes that occur throughout the tale.

Despite the various superstitions that grew up around opal during its later history, many people and cultures have always recognized the energies of this stone for what they are: Truth, virtue, protection, spiritual vision. Many medieval women wore opal in order to preserve the vibrance and colour of their hair. Others used it to heal diseases of the eyes. Since opal often contains within it a complete rainbow spectrum of colours, it was seen as a complete spiritual gemstone.

So what is the connection to October, and why is opal particularly beneficial for people born in that month? October is indeed a magical, psychic month. It brings a feeling of mystery, awe, and self-reflection.

The burning, changing colour of the leaves of many parts of the world has a mystical connection to the burning, shifting colours observed in opal. Another reason why some people came to fear opal during the middle ages is the stone's resemblance to the eyes of cats, which were seen as harmful occult creatures. Anybody who owns a cat today, however, will tell you how healing and spiritually helpful these

animals really are.

Opal has a similar legacy as the birthstone of October. From a historical perspective, we can see how fear of mystical and magical energies led to this gemstone's reputation being questioned. But healers and gemstone specialists from all walks of life recognise what earlier, ancient peoples did: That opal is one of the most virtuous, pure and helpful gemstones on the planet.



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FIVE SPIRITUAL TRENDS YOU SHOULD KNOW ABOUT

Recent years have seen an explosion in mass market spirituality. Some trends offer genuine healing and spiritual growth, while others are more concerned about your pocketbook. Here are five that deserve to be taken seriously.



Visit any metropolitan park early in the morning on mainland China and you're likely to see the same thing: Dozens or sometimes hundreds of people, many of them over the age of 60, performing meditative movements in the open air. Far from a fad, Tai Chi is a highly practical path to physical longevity, mental strength, and spiritual peace. The proof? Tai Chi has been keeping people healthy and centered for millennia, and shows no signs of slowing down.

Although mainstream medicine generally does not recognise acupuncture as a viable form of medical treatment, millions of happy patients and centuries of history have a different story to tell. By using needles to manipulate energetic meridians in the body, skilled practitioners may be able to remove energetic blockages that cause illness and disease. The best part? Acupuncture is a natural, holistic treatment. You won't find nasty side-effects or chemical dependencies



Tapping into the psychic realm with the help of a guide is nothing new—but recent years have seen a resurgence of psychic readings and a shedding of old stereotypes. Far from gazing into a crystal ball and offering clichéd predictions, today's psychic has holistic focus on personal growth and wellbeing for the client. Even big-name celebrities have gone on record saying that psychic readers gave them amazing and timely insights that helped their careers. The trick is to find a

It seems strange to put meditation on a list of trends. As a way to calm the mind, center the spirit, and even align chakras and spiritual energies in the body, daily meditation is unparalleled throughout history. Even mainstream science and psychology are beginning to acknowledge the benefits of this ancient practice—but in order to get the most out of it, we must move beyond the “fad” and develop an understanding of underlying principles.



This is another “fad” that's actually been around for ages. Gemstones have been used for spiritual healing since the early days of recorded history, and they remain enormously popular today. It might be a gemstone you wear in order to attract love, boost mental clarity or ward off negative energies. It might be a gemstone lamp healing session administered by a healer, designed to clear blockages in your life. Far from a passing trend, gemstones are a powerful ally.



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